

Annual Report

Department of Physical Education 2016-17

Report on College Annual Sports Meet 2016-17

College 35th Annual Sports Meet of MTC was held on 16.01.2017 at MTC Stadium between 9.30 a.m. & 4.30 p.m. The Chief Guest was Sri. Siji Jose Kerala State Sports Council Basketball Coach. Principal presided over the programme. The programme started with a prayer by Ms. Anupama and Group. Sri. Rajesh Pk welcomed the gathering. The Chief Guest in his speech briefed the relevance and significance of Sports Activities. Dr. Raina Thomas, Principal, in his Presidential speech, advised the participants to give their best and to put better efforts and thus experience true sportsmanship where both winner and loser would mutually understand each other's uniqueness of sportsmanship. The oath was administered by the General Captian Sri.Muhammed Kiflly





The Principal congratulated the winners and honored them with awards and certificates. The Sports Meet was declared close by the Principal.

The department of physical education was conducting various sports activities in this academic year like Football, Basketball, Netball Korfball, TT, Badminton, and Cricket, in this year individual Champions trophy secured by Litty Jose III BA in Women Section and Muhammed Jas E in Men Section III BA

Achievements of the year 2016-17

1. Christeena KM II M.com was selected as Calicut University Women's team member.
2. Kurian James, Nithya Raj, Anju Babu C Represented Kerala State Korfball senior team was held at Hariyana.
3. Akhil p II MA represented Kerala state cross country Championship, and amateur Championship.
4. Akhil P II MA secure 1st position 1500Mts race Malappuram district Athletic meet.
5. Muhammed jas E secure 1st position Triple Jump and long jump 3rd Malappuram district athletic meet.

6. College Korfbal women team secures 2nd position and men are having 3rd position Malappuram district Korfbal Championship.
7. College Netball women team secure 1st position and men's having 1st position Malappuram district Netball Championship.
8. Muhammed jahash secure 3rd position men Kerala state Korfbal Championship.
9. Anju Babu C was participated Kerala state Netball Championship held at Kollam.
10. Participated Netball, Basketball, Korfbal women team in the Calicut University inter zone Championships
11. Participated Basketball, Football, Cricket, Baseball, Taekwondo Athletics men team in the Calicut University inter zone Championships.

Visiting Members Department of Physical Education

Prof. Surendran, Ret. Principal Govt. Phys.Edu. College, Calicut, prof. Rojes Fernandez, former Head of the dept. of phy.edu, Siji, Basketball coach, Kerala Sports Council.

Activities

Morning class started from 6.30 am to 9 am

Evening class started from 3.30 pm to 6.30 pm

Course

Department of physical education offer open course 5th semester students of MTC "Physical Activity, Health and Wellness"

Extension activities

Teaching and coaching physical activity for students of Uppada Mission Complex, Mar Thoma HSS Chungathara, GHSS Pullangode, Pariyapuram HS, MPM HSS Chungathara. Teaching and coaching in Athletics, Korfbal, Netball, Basketball, TT.

By Rajesh PK Asst. Professor & (HOD)

DPE, MTC, 9495809456. Email- pkcpepulickal@gmail.com