

MAR THOMA COLLEGE, CHUNGATHARA

Faculty Name: Rajesh PK

Designation: **Asst. Professor**

Department: **Physical Education**



Address : PULICKAL HOUSE
CHUNGATHARA P.O, CHUNGATHARA
MALAPPURAM, KERALA- 679334

Phone : 9495809456, 04931230456

Date of Joining : **08- 07- 2013**

E-mail : pkcpepulickal@gmail.com

: dpemtc2020@gmail.com

Experience : Teaching: 10. years Research:

Field of Specialization : **Athletics, Netball, Korfball,**
Sports Management, Health Education, Sports Training.

Qualification	Institution	Board/University	Year of Passing
NET	University grand Commission	Calicut university	2008
MBA	Christ college Irinjalakuda	Tamil Nadu Physical Education & Sports University	2017
M Phil	Center for Physical Education	Kannur University	2012
M P Ed	Center for Physical Education	Calicut University	2009
BPE	Centre for Physical Education	Calicut University	2007
+2	C.K.M.H.S.S Koruthodu	Board of Higher Secondary, Govt. of Kerala	2004
S.S.L.C.	Santhome H.S. Kanamala	Board of secondary Schools, Govt. of Kerala	1999

1. Faculty participation in Conferences

Coferences/ Seminars/ Workshops/	Attended	Presented papers*	As Resource person/chairperson/ expert.*
International	Nil	NA	NA
National	4	1	NA
State	8	1	Health and physical education 28-05-2014

2. Faculty members involved in Curriculum restructuring / revision etc.-No

3. Membership in Board of Studies / Faculty/ Curriculum development. If member, details.
-No

Projects	Nature of Project/Title	Funding Agency	Grant allotted	Stage of the Project	Duration
Major Projects	Nil	NA	NA	NA	NA
Minor Projects	Nil	NA	NA	NA	NA
Student Research Projects	Nil	NA	NA	NA	NA

Faculty Development	Attended	Details
Refresher courses*	1	HRDC University Of Kerala From 29/052018 To 18/06/2018, with A Grade
Faculty Improvement* Programme (FIP)	Nil	NA
Summer Schools*	Nil	NA
Orientation Programmes*	1	UGC Sponsored Orientation Programme 15/06/2016 to 12/07/2016
Workshops*	7	<ol style="list-style-type: none"> 1. Human value development 10th August 2015 2. Anti-Doping Awareness 23rd march 2016 3. Athletics rules and sports therapy 31st August 2016 4. The changing benchmarks on teaching and learning 11th February 2017 5. Reorienting academic leadership for quality enhancement and excellence 14th &15th July 2018

4. Major Projects*

5. Details of research papers / Articles published

Published*	Journals	Seminars/ Workshops/ conf. proceedings	Books / Chapters	Impact / H-index	Patents
International	Nil	Nil	Nil	Nil	Nil
National	1	Study on health related physical fitness between rural and urban college men students			
Others	Nil		Nil	Nil	Nil

Positions Held

1. **Board Member PSC Malappuram District.**
2. **External examiner, BPE, BPED, MPE, Final Practical Exam.**
3. **Selector, Calicut University Men & Women Athletic, Netball, Table Tennis, Basketball.**
4. **Former Coach Calicut University TT & Cross Country.**
5. **Malappuram District Netball Coach Mini, sub Junior, Junior and senior team.**
6. **State official for netball and korfbal**
7. **Returning officer of the Mar thoma college union election 2014-15**
8. **Returning officer of the Mar Thoma college union election 2015-16**
9. **Returning officer of the Mar Thoma college union election 2016-17**
10. **Autonomous college of MES Mampad 5th semester open course valuation member**
11. **Mar Thoma College staff advisor 2017-18**
12. **Sub-convenor in south India inter university volleyball women championship 2016-17**
13. **Coach of Calicut University Netball Men team 2017-18, team secured second position all India inter University tournament held at Mangalore University**

List of Seminars, Conferences and Workshops attended

Sl .no	Theme of the Seminar/Conference/ Workshops	Date
1.	Workshop on Reorienting academic leadership for quality enhancement and excellence	14 th 15 th July 2018
2.	One day the changing benchmarks on teaching and learning	11th February 2017
3.	National Seminar on Athletics rules and sports therapy	31st August 2016
4.	One day Anti-Doping Awareness	23rd March 2016.
5.	Two- day Human value development	10th August 2015.
6.	One day National Seminar on “Quality Indicator Framework- Revised NAAC Accreditation Process”	26 th Oct,2017
7.	Two day national seminar on research methodology and effective thesis writing in humanities and social sciences	5 th & 6 th January 2016
8.	Two day annual teachers conference organised by Mar Thoma Higher Education commission	21 st &22 nd February 2014
9.	Three day national conference on recent trends in higher education	12 th to 14 th June 2015
10.	UGC sponsored orientation programme ,HRDC University of Calicut	15-06-2016 to 12-07-2016
11.	UGC sponsored refresher programme ,HRDC University of kerala	29-05-2018 to 18-06-2018

Paper Presentations

1. Study on health related physical fitness between rural and urban college men students.
2. One-day seminar on health and physical education.

Publications.

1. Nil



University Grants Commission
Human Resource Development Centre
University of Calicut



UGC SPONSORED ORIENTATION PROGRAMME

This is to certify that **Mr. RAJESH P.K.**, Assistant Professor, Department of Physical Education, Mar Thoma College, Chungathara, Malappuram affiliated to University of Calicut, has participated in the **Orientation Programme** conducted by the UGC - Human Resource Development Centre from **15.06.2016** to **12.07.2016** and obtained grade.....**A**.....


Coordinator

Calicut University P.O.
Date: 12-07-2016

Folio No: **4268**




Director


Registrar / Vice Chancellor



ज्ञान-विज्ञानं विमुक्तये

UNIVERSITY GRANTS COMMISSION



HUMAN RESOURCE DEVELOPMENT CENTRE

UNIVERSITY OF KERALA UGC-SPONSORED REFRESHER COURSE

CERTIFICATE OF PARTICIPATION

This is to certify that Mr. Rajesh P.K., Assistant Professor, Department of Physical Education, Mar Thoma College, Chungathara, Malappuram, participated in the UGC-Sponsored Refresher Course in Physical Education conducted by the UGC-Human Resource Development Centre, University of Kerala, Kariavattom, Trivandrum, from 29-05-2018 to 18-06-2018. The Grade awarded isA.....



UGC-HRDC

Kariavattom
18-06-2018

Course Co-ordinator
(Dr. Usha S. Nair)

Professor - Director
(Prof. S. V. Sudheer)

Vice-Chancellor
(Prof. Gopinath Ravindran)

15



UNIVERSITY OF CALICUT

**SOUTH INDIA INTER UNIVERSITY
VOLLEYBALL (WOMEN) CHAMPIONSHIP 2016-17**

Organised by
DEPARTMENT OF PHYSICAL EDUCATION

Certificate

This is to certify that Sri/Smt..... **RAJESH P.K.**.....

.....*has rendered*
his/her service as **Sub-Convenor** *in the* **South India Inter**
University Volleyball (Women) Championship 2016-17,
held at **P.T.Usha Indoor Stadium, University of Calicut** *from*
24th to 28th December 2016.



C.U. Campus
28 - 12 - 2016

Director
Department of Physical Education

A handwritten signature in green ink, appearing to be "S. J.", written over the printed name "Director".

No: 12781



This is to certify that

Sri. RAJESH P K

was the COACH cum MANAGER of the

TABLE TENNIS (MEN) team of

UNIVERSITY OF CALICUT which participated in the

SOUTH ZONE INTER UNIVERSITY tournament

held at VIKRAMA SIMHAPURI UNIVERSITY, NELLORE

from 27/01/2016 to 30/01/2016

during the year 2015 -16

Calicut University

27/06/16
CUP 11382/15/10000

A handwritten signature in black ink, appearing to be "Se 7", is written over the printed name of the Director of Physical Education.

DIRECTOR OF PHYSICAL EDUCATION

A handwritten signature in green ink is written over the printed name of the Vice Chancellor.

VICE CHANCELLOR

Mar Thoma College

CHUNGATHARA, MALAPPURAM DIST, KERALA - 679 334.

(Affiliated to the University of Calicut)

[Re-accredited by National Assessment and Accreditation Council with Grade: A CGPA. 3.15]

Regd. under the Society Act XXI of 1860 Regn. No. 325/2004

☎ (Offi.) 04931 - 230510
(Principal) 04931 - 230306
Fax: 04931 - 230510

Dr. Raina Thomas
Principal



www.marthomacollegechungathara.org
E-mail: mtchungathara@gmail.com

MTC/RO/CUE/1/2016

Date: 26.09.2016

The Dean of Students Welfare,
University of Calicut
Calicut University P.O

Sir,

Sub: Appointment of Returning Officer of the College Union Election
during the year 2016-2017 – forwarding of –

I hereby inform you that, Sri. Rajesh P.K, Asst. Prof. in Physical Education
is appointed as the Returning Officer for the College Union Election for
the academic year 2016-2017.

Yours faithfully,

Encl: as above



PRINCIPAL
PRINCIPAL
MAR THOMA COLLEGE
CHUNGATHARA.P.O, PIN-679334

MAR THOMA COLLEGE, CHUNGATHARA

COLLEGE UNION ELECTION 2014-2015

PROCEEDINGS OF THE PRINCIPAL

APPOINTMENT OF RETURNING OFFICER FOR THE COLLEGE UNION
ELECTION 2014-2015

APPOINTMENT ORDER

Date: 11/07/2014

Sri.Rajesh P.K, Asst. Prof. in Physical Education is appointed as the Returning Officer of the College Union election during the academic year 2014-2015.



PRINCIPAL
PRINCIPAL
MAR THOMA COLLEGE
CHUNGATHARA.

Mar Thoma College

CHUNGATHARA. MALAPPURAM DIST., KERALA - 679 334.

(Affiliated to the University of Calicut)

[Accredited by National Assessment and Accreditation Council with Grade: A CGPA. 3.15]

Regd. under the Society Act XXI of 1860 Regn. No. 325/2004

Abraham P. Mathew
Principal



① (Offi.) 04931 - 230510
(Principal) 04931 - 230306
(Res.) 04931 - 230553
Fax: 04931 - 230510

www.marthomacollegechungathara.org
E-mail: mtchungathara@gmail.com

Ref: M2/2015.

Date: 16-02-2015

CERTIFICATE

This is to Certify that Mr. Rajesh. P. K, is working in this College as an Assistant Professor in Physical Education Department from 08-07-2013. He is a dynamic person with pleasant personality. He is sincere, faithful, regular and hardworking. I wish him every success.

PRINCIPAL

16/2/15

PRINCIPAL

MAR THOMA COLLEGE
CHUNGATHARA - PIN 679334



**UNIVERSITY OF CALICUT
DEPARTMENT OF PHYSICAL EDUCATION**



Phone : 0494 2407551
0494 2407501

CALICUT UNIVERSITY P.O.
673 635 KERALA INDIA

Director of Physical Education

Ref.....DPE/A2/IUT-Table Tennis/2014-15

Date.....
19/02/2015

TO WHOMSOEVER IT MAY CONCERN

This is certify that Sri.Rajesh.P.K, Assistant Professor in Physical Education, Mar Thoma College, Chungathara has accompanied the Calicut University Table Tennis (M&W) teams as Coach cum Manager to the South Zone and All India Inter University Table Tennis Championship 2014-15 held at SRM University, Chennai from 30th September to 6th October, 2014.



Sc
DEPUTY DIRECTOR I/C OF DIRECTOR

KERALA NETBALL ASSOCIATION


Reg.No: TVM/TC/749/2015
(Affiliated to Netball Federation of India &
Kerala Olympic Association Recognized by Kerala State Sports Council)
netballkerala@gmail.com




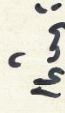
Sl.No: 41

CERTIFICATE

This is to certify that Mr/Ms **RAJESH P.K.**
of..... **MALAPPURAM** District has passed the state level
Referee Examination Level I of the Association held on **09/08/2015** at **TRIVANPURUM**.....
and Secured.....**B**.....grade


Dr. V. Selvam
President
Kerala Netball Association


Joji Varghese
Convener
Referees Board
Kerala Netball Association


Tharafa Nujum
Hony. Secretary
Kerala Netball Association



KERALA NETBALL ASSOCIATION

Reg No: TVM/TC/749/2015

(Affiliated to Netball Federation of India & Kerala Olympic Association
Recognized by Kerala State Sports Council)

Certificate of Participation

This is to certify that Mr/Ms **Rajesh P.K.**.....
of.....**Manappuram**.....District successfully completed the Referee's Clinic conducted
by Kerala Netball Association at Mar Baselios College of Engineering and Technology,
Nalanchira, Thiruvananthapuram from 8th to 9th August, 2015.

V.S.
President
Dr.V SELVAM

J.V.
Convener Referees Board
JOJI VARGHESE

S.N.
Secretary
S.NAJUMUDEEN



KORFBALL ASSOCIATION (KERALA)

(Affiliated to the Korfball Federation of India)

Level One Coach & Referee Clinic Organised by
Korfball Association, Kozhikode & Govt. College of Physical Education
East Hill, Kozhikode from 25 to 27th November 2016.
Under the Guidance of Korfball Federation of India



Certificate

This is to Certify that.....**RAJ.E.S.H.**.....**P.K.**.....*Son / daughter of*
.....**P.S.**.....**K.U.T.T.A.P.P.A.N.**.....*successfully completed the Course*
with.....**A.**.....*Grade. He / She is eligible to perform the*
professional standard to get as a Coach and referee in Kerala State.



[Signature]

Prof. A. V. Suresh
President
Korfball Association
Kerala

[Signature]

Asst. Prof. Johnson Joseph
Org. Secretary
Korfball Association
Kozhikode

[Signature]

Dr. R. Binoy
Principal
Govt. Physical Education College
Kozhikode

[Signature]

Abin Thomas V.
Secretary
Korfball Association
Kerala



SL.No. 178



KORFBALL ASSOCIATION (KERALA)

(Affiliated to the Korfball Federation of India)

korfballkerala@gmail.com

3rd KERALA STATE SENIOR KORFBALL CHAMPIONSHIP 2016-17

Govt. College of Physical Education, East Hill, Kozhikode Dist. 25, 26 & 27 Nov. 2016

CERTIFICATE OF MERIT / PARTICIPATION

NAME OF THE PLAYER

RAJESH P.K.

NAME OF THE FATHER / GUARDIAN

P. C. KUTTAPPAN

DISTRICT

THRISSUR

Date of Birth : 27.4.1982

Reg. No.



RANK

WINNER

RUNNER UP

THIRD PLACE

Prof. A. V. Suresh

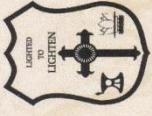
President
Korfball Association Kerala

Asst. Prof. Johnson Joseph

Organising Secretary
Korfball Association Kozhikode

Abin Thomas V.

Secretary
Korfball Association Kerala





MAR THOMA HIGHER EDUCATION COMMISSION


CERTIFICATE

This is to certify that, Prof/Dr Rajesh P.K. Marthoma College
Chungathara has participated in the Annual Teachers'

Conference organised by the Higher Education Commission of the Mar Thoma
Church at Shanthagiri Ashram, Aluva, from 21 - 22 February 2014.


Dr. George Varghese
Gen. Secretary


Rt. Rev. Dr. Zacharias Mar Theophilus Suffragan Metropolitan
Chairman


Prof. Mathew Varghese
Principal, Christian College
Chengannur

Date: 22 Feb, 2014




MAR THOMA COLLEGE CHUNGATHARA

Accredited by NAAC with A Grade
Malappuram Dt., Kerala - 679 334

One Day National Seminar on "QUALITY INDICATOR FRAMEWORK- Revised NAAC Accreditation Process"

This is to certify that Sri./Smt. Dr. *Rajesh P. K.*
Mar Thoma College, Chungathara has participated/served as
Resource Person.....
in the One Day National Seminar on "Quality Indicator Framework-Revised
NAAC Accreditation Process" Organized by IQAC, Mar Thoma College,
Chungathara on 26th October 2017.




Dr. Rajeev Thomas
IQAC Co-ordinator


Dr. Raina Thomas
Principal



Certificate



Malankara Mar Thoma Syrian Church Higher Education Commission

Sabha Office, Tiruvalla, Kerala, India - 689641

Certificate

*This is to certify that Prof. / Dr. / Smt. Rajesh P. K., Department of
Physical Education, Mar Thoma College, Chungathara
has participated in the National Conference on Recent Trends in Higher Education organized by the
Malankara Mar Thoma Syrian Church Higher Education Commission held at the Mar Thoma
Retreat Centre, Maramon, Kerala from 12th to 14th, June 2015.*



Maramon
14-06-2015

Zacharias

Rt. Rev. Dr. Zacharias Mar Theophilus Suffragan Metropolitan
(Chairman)

M. O. Keshy
Prof. Dr. M. O. Keshy
(Secretary)

DEPARTMENTS OF LANGUAGES AND HUMANITIES

MAR THOMA COLLEGE CHUNGATHARA



Accredited by NAAC with 'A' Grade
Malappuram (Dt) Kerala - 679334

UGC sponsored

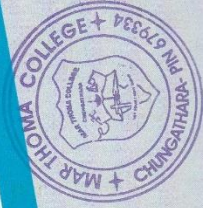
TWO DAY NATIONAL SEMINAR ON
RESEARCH METHODOLOGY AND EFFECTIVE THESIS WRITING IN
HUMANITIES AND SOCIAL SCIENCES



सत्यमेव जयते



This is to certify that *Sri/Smt/Dr. Rajesh P. K., Asst. Professor*.....
Mar Thoma College, Chungathara... has participated as *Resource person / Chaired a session /*
Presented a paper on..... in the UGC sponsored Two Day National
Seminar on 'Research Methodology And Effective Thesis Writing In Humanities And Social Sciences' organized
by Departments of Languages and Humanities, Mar Thoma College, Chungathara on 5th & 6th January 2016.



Dr. Reena Mary Abraham
HOD of English
(Convenor)

Prof. Abraham P. Mathew

PRINCIPAL
Prof. Abraham P. Mathew
CHUNGATHARA
PIN: 679334
(Chairman)





GOVERNMENT COLLEGE OF PHYSICAL EDUCATION
East Hill, Calicut - 5
UGC SPONSORED TWO DAY NATIONAL SEMINAR ON

"Emerging Trends in sports Sciences"

Certificate

This is to certify that ~~Dr./sri/smt~~ **RAJESH P.K.** ASSISTANT PROFESSOR..... of

MAR.THOMA COLLEGE, CHUNGATHARA..... has participated as a Resource Person/Participant

Paper Presenter and ~~took a~~ **Scientific session/** presented a paper titled...**Study on Health Related...**
Physical Fitness Betwgen Rural and
Urban.....College Men.....Students.......... in the National Seminar Organized by the Government

College of Physical education, East Hill, Calicut-5, Kerala, on the 27 th and 28 th November 2014.

Binoy Gopinathan
Dr . R. Binoy
Principal

Dr.George Joseph
Convenor

GOVERNMENT COLLEGE KASARAGOD DEPARTMENT OF PHYSICAL EDUCATION

Vidyanagar P.O., Kasaragod 671 123, Kerala. Accredited by NAAC with 'A' Grade (Affiliated to Kannur University)



NATIONAL SEMINAR

ON

"RECENT TRENDS AND CHALLENGES IN PHYSICAL EDUCATION AND SPORTS"

Supported by Dept. of Collegiate Education Govt of Kerala

Certificate

This is to certify that Dr./Mr./MfS./.....

Madhana College Chinglana - Asst Ed
RAJESH .S.K. has participated as a
delegate/Resource Person/ Presented paper in the National Seminar on "Recent Trends and
Challenges in Physical Education and Sports", held at Government College Seminar Hall,
Kasaragod on 4th December 2014.

M.C. Raju
M.C. Raju

Asst. Professor of Physical Education
Co-ordinator Govt. College Kasaragod

Dr. Sini Abraham
Dr. Sini Abraham

HoD, Dept. of Physical Education
Govt. College Kasaragod

Dr. K.P. Ajaya Kumar
Dr. K.P. Ajaya Kumar

Principal
Govt. College Kasaragod

GOVERNMENT COLLEGE
KASARAGOD

Aspire

Aware

Achieve



WORKSHOP ON ANTI-DOPING AWARENESS

Organized by:

DEPARTMENT OF PHYSICAL EDUCATION
UNIVERSITY OF CALICUT

UNDER THE AEGIS OF : NATIONAL ANTI-DOPING AGENCY, NEW DELHI

Certificate

This is to Certify that Dr./Mr./Ms.

RAJESH. P.K.

Asst. PROFESSOR MARTHOMA COLLEGE CHUNGATHARA

has participated in the **ONE DAY WORKSHOP ON ANTI-DOPING AWARENESS** held at University of Calicut on 23rd March 2016.

Dr. Saravana Perumal S.
Sr. Project Officer
NADA, New Delhi



Dr. Sakeer Hussain V. P.
Director; Dept. of Physical Education
University of Calicut

Dr. K. Mohammed Basheer
Vice-Chancellor
University of Calicut



**MALANKARA MAR THOMA SYRIAN CHURCH
HIGHER EDUCATION COMMISSION**

Sabha Office, Tiruvalla, Kerala, India



WORKSHOP ON

The Changing Benchmarks On Teaching And Learning

Venue: ST. THOMAS COLLEGE, KOZHENCHERRY

Certificate

*This is to certify that **Dr/ Prof./ Mr./ Mrs. Rajesh P. K, MTC Chugathara**
has participated in the workshop for college Teachers on "The Changing Benchmarks on Teaching and Learning" organized by Malankara Mar Thoma Syrian Church Higher Education Commission,*

Kerala held at St Thomas College, Kozhencherry on 11th February 2017.

makarios

Rt. Rev. Dr. Mathews Mar Makarios Episcopa
(President)

Dr. M. O. Koshy

Dr. M. O. Koshy
(Secretary)

Dr. Alex Mathew

Dr. Alex Mathew
(Treasurer)

Prof. K.C. Zachariah

Prof. K.C. Zachariah
(Principal & Convenor)



MALAPPURAM DISTRICT ATHLETICS ASSOCIATION



Certificate

Certified that Sri/Smt/Dr. *Rejesh P.K*

Mathoma College Chungathara

has participated in the one day workshop on 'Athletics Rules and Sports Therapy'

organised at Ideal Campus, Kadakassery on 31st August 2016

S
Dr Sakeer Hussain V P
President



R
Raveendran K K
Secretary



All India Association for Christian Higher Education
ECUMENICAL CENTRE, 39, INSTITUTIONAL AREA, D-BLOCK, JANAKPURI, NEW DELHI-110058

Certificate

This is to certify that Rajesh P.K
participated in the Workshop on Human Values Development
held at Mar Thoma College, Chingsthere
from 10th August to 20th August 2015

DATE 10/8/15

NEW DELHI

DR. D. DANIEL EZHILARASU
GENERAL SECRETARY
A.I.A.C.H.E.